# Home Visiting in the State of Alaska

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## Maternal, Infant & Early Childhood Home Visiting (MIECHV) Program

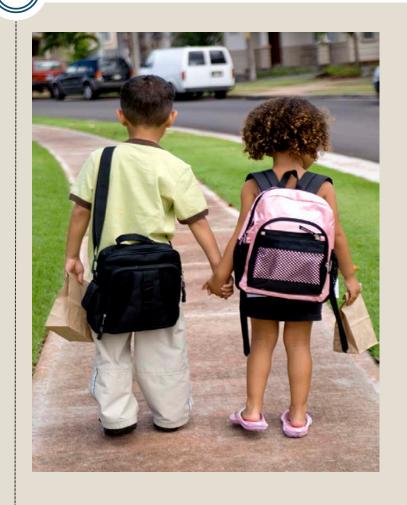
- Federal Grant to implement evidence-based home visiting services to at-risk families and communities
- Section of Women's, Children's, and Family Health
  - Statewide needs assessment
  - Determine best model for selected population





### Purpose of the MIECHV program

- Strengthen and improve maternal child health programs
- Improved coordination of services to at-risk communities
- Provide comprehensive services to at-risk families (HRSA, 2012)





### Goals of the MIECHV program

- Improved health outcomes for mother and child
- Improved socioeconomic status of family
- Better coordination of referrals for family
- Increased readiness for school
- Reduced incidence of child maltreatment and
  - intimate partner violence
- Improved parenting skills





### Background of the MIECHV program



- Birth Outcomes
- Poverty
- Crime
- School Drop-out Rates
- Substance Abuse
- Unemployment
- Child Maltreatment
- Domestic Violence





### Background of the MIECHV program

- Seven at-risk communities identified
- Existing home visiting programs



- NUTAQSAVIIK
- PARENTS AS TEACHERS
- EARLY HEAD START
- NEW PARENT SUPPORT PROGRAM-JBER
- PUBLIC HEALTH NURSING



### Background of the MIECHV program

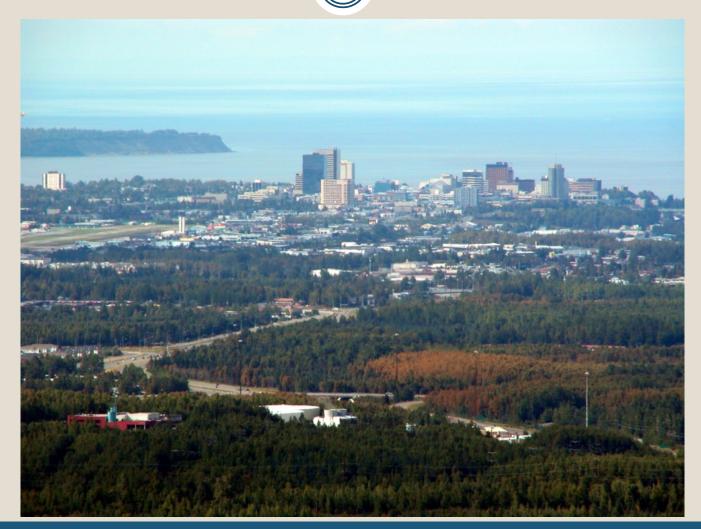


- Types of services, model elements, recipients, goals, outcomes, number served
- Identified Gaps
- Alaska Home Visiting Steering Committee





#### Providence In-Home Services





## Tribal Home Visiting Programs MIECHV

- Kodiak Area Native Association
- Alaska Native beneficiaries
- Caseload goal is <20</li>
- Focus is prenatal up to age 5
- Home visitors also travel to the remote villages only accessible by plane or boat
- Parents as Teachers home visiting model
- Desired Outcomes: decrease child maltreatment and increase school readiness





### Tribal Home Visiting Programs MIECHV

- Fairbanks Area Native Association
- Alaska Native beneficiaries
- Provides services at home and in the school
- Parents as Teachers home visiting model
- Targets most at-risk families
  - OCS involvement
  - Homeless
  - Substance abuse





### Military Home Visiting Services

 New Parent Support Program – Joint Base Elmendorf-Richardson

- Serves military families
- Priority is pregnant women and children under 3
- Utilizes RNs and Licensed Clinical Social Workers
- Focus is on health, safety, and resource referral
- Caseload of 20-30 families per HV



### **Infant Learning Programs**

- Services provided in the home and child care setting
- For families with infants and toddlers (birth to 3) with disabilities or at least 50% developmental delays
- Provided throughout Alaska by 17 grantees
- Trans-disciplinary in nature
- Requires medical referral



 Goals: Increase family capacity and support the healthy development of infants and toddlers



### Kids' Corp, Inc. - Anchorage



- Uses the Parents as Teachers curriculum for weekly visits during pregnancy until age 3
- Priority given to pregnant and parenting teens
- Many participants attend Crossroads School for pregnant and parenting teens



#### Parents as Teachers

- Providing home visits during pregnancy until age 5
- Families are also invited to family activities and parent
   education activities for the Head Start program

### Healthy Start - Nome



- Case management program includes home visits
- Serves pregnant and interconceptional women who have children younger than two years of age
- Strong focus on behavioral health and community involvement
- Outcomes include: decreased infant mortality and improved perinatal outcomes





### Thank You - Questions?



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